



Sudip Ray is a highly experienced consultant vascular surgeon who trained at Oxford University and St Thomas' Hospital in London.

DR Ray specialises in circulatory disorders such as varicose veins, swollen legs and arterial or vein clots (DVT) and works from the Hunter Suite in the Lido Medical Centre, St Saviour. Mr Ray and his team offer high-resolution ultrasound imaging which allows patients to walk in with a problem and leave with a solution. He has pioneered 'pinhole' treatments for varicose veins which can be performed with little or no need for painkillers and permit a quick return to full activity. He consults regularly in Jersey and Guernsey.

VARICOSE veins are one of the most common medical conditions in the UK, with over 50,000 patients requiring treatment every year.

There is a perception that the condition is merely a nuisance for self-conscious young women but, in fact, 40 per cent of NHS vein operations are performed on men and over half the patients are over 50 years old. Many of those affected have daily symptoms such as itching, pain or ankle swelling and a few are unfortunate enough to suffer from bleeding or leg ulcers. Younger patients often seek treatment too and, in a recent study, around 50 per cent of vein sufferers avoided certain clothing whilst 25 per cent had to modify their leisure activities.

In the Hunter Suite we have developed a dedicated vein pathway which begins when our practice manager Susan Power takes a telephone enquiry or receives a referral letter from a patient's GP. Susan sends out a comprehensive information sheet, outlining the consultation process and available treatments, and offers a convenient 40-minute appointment. At the consultation our patients undergo a detailed ultrasound map of their leg veins by a vascular sonographer,

Sarah Porcherot, who has worked in the field for over ten years. There follows a comprehensive discussion with Mr Ray regarding the nature of their condition and which of the pinhole vein treatments suit them best. This may depend on their age, other medical conditions, and how active they need to be afterwards. Treatments can usually be performed a few weeks later, allowing the patient to consider the options discussed and make appropriate work, leisure or family arrangements.

One of our most popular procedures is the closure of diseased veins using a medical superglue called, appropriately, VenaSeal. A tiny tube is inserted into the leg and a clear liquid sealant injected slowly into the vein as the tube is withdrawn. The glue sets within seconds, allowing the patient to walk out of the clinic a short time later without any cuts or stitches. Mr Ray has developed this treatment in the UK and trains doctors around the world in its use. He has also performed several thousand of the so-called 'thermal' procedures, where heat is used to destroy faulty veins, although these procedures produce a little more discomfort and bruising than the superglue.



For further information on varicose veins or circulation problems, please contact Susan Power:

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www.endovein.co.uk